

# ALBERTSONS BAY TO BREAKERS, MAY 16-18

PRESENTED BY YOUR LOCAL CHEVY DEALERS AND THE EXAMINER

REGISTER NOW AND SAVE 15%! ➔ [WWW.BAYTOBREAKERS.COM](http://WWW.BAYTOBREAKERS.COM)

## THE RACE



**REGISTER BEFORE APRIL 15 AND SAVE 15% ON THE REGULAR REGISTRATION FEE.**

Sunday, May 18, 8 am;  
Financial District at Howard & Spear Streets;  
\$27 per person before 4/15; \$22 kids under 18 before 4/15;  
\$32 per person 4/16-5/15; \$27 kids under 18 4/16-5/15.

Runners begin the 12K race under a shower of tortillas – yes, tortillas – at the Embarcadero (as near to the Bay as possible without needing scuba gear). Here's your chance to ramble through the city's downtown neighborhoods in costume without attracting the attention of the SFPD. You'll climb Hayes Street hill, zip past the Painted Ladies, enter Golden Gate Park triumphantly, and end your run at the glorious Pacific with your New Year's resolutions fully intact.

Register online at [www.baytobreakers.com](http://www.baytobreakers.com) or use the registration form on the back of this flier.

Our Sponsors:



**Your Local Chevy Dealers**



The Greater Body Expo is an exhibition of all the gear and methods you could possibly need to keep your resolution for a healthy lifestyle a year-round reality for you and your family.

Visit [www.baytobreakers.com](http://www.baytobreakers.com) for updates on exhibitors, product sampling and lecturers.

## FOOTSTOCK

Sunday, May 18, 10 am to 3 pm;  
Polo Field, Golden Gate Park;  
Free to race registrants & kids 10 & under;  
\$15 for non-registered runners through 5/17;  
\$20 for non-registered runners on 5/18.

If there's one thing that San Francisco knows how to put on (besides wild footraces, that is), it's a get-down-and-boogie concert in the Park. Footstock is the final blowout to cap off the Bay to Breakers weekend.

Visit [www.baytobreakers.com](http://www.baytobreakers.com) for updates on the entertainment lineup.

**Bay to Breakers Merchandise.** You will be able to get official Bay to Breakers merchandise in just a few weeks! Check out our website for your favorite running gear.  
[www.baytobreakers.com](http://www.baytobreakers.com)

## PLEDGE

If getting healthy and having fun aren't enough for you to enter, how about supporting a few great causes? The San Francisco Bay to Breakers Foundation is a 501(c)(3) nonprofit that supports the following charities: The Leukemia & Lymphoma Society, UCSF Comprehensive Cancer Center, Junior Achievement of the Bay Area and Community Educational Services. Please help the charities of the Foundation by asking your friends, family and colleagues to sponsor your run.

To receive information on the race beneficiaries and online pledging, please visit [www.baytobreakers.com](http://www.baytobreakers.com) or call (415) 359-2800.

# 2003 ALBERTSONS BAY TO BREAKERS REGISTRATION FORM

EACH ENTRANT MUST COMPLETE ENTIRE FORM. Please print neatly, using capital letters. OK to photocopy.

Form:07

**GENERAL INFORMATION**

Leave Blank  Date of Birth    Email Address

First Name  Last Name  Sex  Male  Female

Street Address  Apartment Number  City

State  U.S. Zip Code  Daytime Phone (Area Code + Number)    Evening Phone (Area Code + Number)    # of Breakers Attended?

Country (if not U.S.)  Foreign Postal Code   On a selective basis, SFBBF makes its runners list available to Breakers race sponsors whose mailings we think you will find of interest. If you prefer that your name be omitted from this list, please check the box.

<b>Level of Education</b> <input type="checkbox"/> Elementary School (1) <input type="checkbox"/> College (4) <input type="checkbox"/> Junior High School (2) <input type="checkbox"/> Postgraduate (5) <input type="checkbox"/> High School (3)	<b>Marital Status</b> <input type="checkbox"/> Single <input type="checkbox"/> Married	<b>Do You Have Children?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No	<b>What Ages?</b> <input type="checkbox"/> 5-Under <input type="checkbox"/> 6-12 <input type="checkbox"/> 13-18	<b>Annual Household Income</b> <input type="checkbox"/> Under \$30,000 (1) <input type="checkbox"/> \$75,001-\$100,000 (4) <input type="checkbox"/> \$30,001-\$50,000 (2) <input type="checkbox"/> \$100,001-Over (5) <input type="checkbox"/> \$50,001-\$75,000 (3)
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**DIVISION (CHECK ONE)**

FUN RUNNER/WALKER OR COSTUMED RUNNER/WALKER There is no qualifying time required.

CENTIPEDE FUN RUNNER/WALKER See website for rules.

**TO ENTER THE SEEDED OR SUB-SEEDED DIVISIONS, RUNNERS MUST PROVIDE OFFICIAL WRITTEN VERIFICATION FROM A USAT&F-SANCTIONED RACE HELD ON OR AFTER 05/01/02. VERIFICATION MUST BE STAPLED TO YOUR ENTRY FORM. QUALIFYING TIMES ARE LISTED BY DIVISION AT WWW.BAYTOBREAKERS.COM. SEEDED AND SUB-SEEDED ENTRIES MUST BE RECEIVED BY 04/18/03.**

SEEDED DIVISION Runners must be able to run a 10K in under 34:30 (Male) or under 37:30 (Female)

SUB-SEEDED DIVISION Runners must be able to run a 10K in under 40:00 (Male) or under 45:00 (Female)

SEEDED CENTIPEDE Runners must be able to run a 10K in 34:30 (Male) or 37:10 (Female)

**FEES (EACH ENTRANT MUST COMPLETE ENTIRE FORM)**

**THE RACE & FOOTSTOCK:** (May 18, 8 am) Includes the 12K race registration, T-shirt, and the post-race celebration, which features headliner entertainment and a food marketplace.

**FOOTSTOCK ONLY:** (May 18, 10 am) FREE TO RACE REGISTRANTS AND KIDS 10 & UNDER, this post-race celebration features headliner entertainment and a food marketplace.

**SERVICE AND HANDLING FEE** (for processing race entry) \$ 2.50

**MUNI EXPRESS PASS:** (May 18, 5 am-3 pm) Good for all SF city buses, including nonstop special event buses from Footstock to Start Line. \$ \_\_\_\_\_

**MY CONTRIBUTION:** My personal pledge to:

<input type="checkbox"/> Junior Achievement of the Bay Area	<input type="checkbox"/> UCSF Comprehensive Cancer Center
<input type="checkbox"/> The Leukemia & Lymphoma Society	<input type="checkbox"/> Community Educational Services

<b>BEFORE APRIL 15</b>	<b>APRIL 16-MAY 15</b>	
<input type="checkbox"/> \$27 adult	<input type="checkbox"/> \$32 adult	\$ _____
<input type="checkbox"/> \$22 kids under 18	<input type="checkbox"/> \$27 kids under 18	\$ _____
<input type="checkbox"/> \$15	<input type="checkbox"/> \$15	\$ _____
<input type="checkbox"/> \$5	<input type="checkbox"/> \$5	\$ _____
		\$ _____

**TOTAL AMOUNT:**

*All Events Are Rain or Shine. Sorry, No Refunds.*

**PAYMENT (NO CASH)**

Check/Money Order (Payable to the San Francisco Bay to Breakers Foundation)

Bill My Visa/MasterCard

Account Number  Exp. Date

**MAIL ENTRY TO:**  
 Albertsons Bay to Breakers  
 P.O. Box 5105  
 Belmont, CA 94002-5105

Race packets and event tickets will be mailed to all registered participants beginning April 15. Participants whose registrations are received after April 30 must pick up their race packets and event tickets at the Greater Body Expo (Bill Graham Civic Auditorium, May 16-17).

**WAIVER:** (must be signed)

In consideration of your acceptance of my entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, administrators, and assigns waive and release any and all rights and claims for damages I may have against the city and county of San Francisco, the San Francisco Bay to Breakers Foundation (SFBBF), USA Track & Field, the San Francisco Examiner Exin, llc (and any affiliate entity thereof) and their or its officers, directors, trustees, shareholders, subcommittees, agents, members, employees, representatives; and any sponsors of the race, and agree not to sue any of them, for any and all injuries suffered by me in this race, whether or not caused by the sole negligence, fault or any other act of the city and county of San Francisco, the San Francisco Bay to Breakers Foundation (SFBBF), or any of the other parties listed above. I acknowledge that the Bay to Breakers race course is 12 kilometers long and extends up and down steep hills. My participation is voluntary and is done at my own risk. I attest that I am physically fit and sufficiently trained for the completion of the race. I understand and agree that medical or other services rendered to me by or at the instance of any of the above parties are not an admission of liability to provide or continue to provide any such services and are not a waiver by any said parties of any right hereunder. I hereby grant full permission to the San Francisco Bay to Breakers Foundation and/or agents by them, to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

I have read and understood everything written above.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Signature of Athlete Date Signature of Parent/Guardian (if under 18)